

# ORAL SEDATION INSTRUCTIONS

Oral sedation involves medications taken orally chairside under the guidance of your specialty team. This method will allow you to feel relaxed in the dental chair, while remaining conscious and able to answer our questions. Although your dental appointment will take over an hour, you will feel as if the appointment is shorter. Some patients become so relaxed that they fall asleep.

Things to know:

- Pick up your script from the pharmacy and bring medication to your appointment – **DO NOT** take the sedation medication before your appointment.
- Eat a good dinner and get a good night's sleep.
- Do not have anything to eat or drink for (6) hours prior to the appointment.
- Do not consume any alcohol on the day you will be taking sedation medication.
- Follow our chairside instructions which are specific to your oral sedation plan.
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home.
- Do not drive a vehicle or operate any machinery for 24 hours following sedation.
- Please wear comfortable clothes and low-heeled shoes to your appointment.
- If you have an illness such as a cold, sore throat, stomach or upset bowel, please notify the office as early as possible at 937-240-3024.

If you take routine medications, please continue your regular dosage unless otherwise instructed by the doctor. It is okay to have a small glass of juice with your medications.

After your appointment, you will be groggy. Take it easy for the rest of the day. No heavy activity or exercise for 24 hours following your appointment.